

## WHAT IS ANGEL FOOD?

Angel Food is a nonprofit, non-denominational organization dedicated to providing grocery relief to communities all across the country. Food is provided once a month and contains top quality fresh and frozen food items. The food units contains no "seconds" or outdated items, and the menu changes each month.

## HOW DO I PARTICIPATE?

EVERYONE IS ELIGIBLE! There are no income guidelines or application fees or requirements.

Simply place an order for Angel Food (see below on how to order). You provide payment at the time of ordering and receive a receipt for your order.

Angel food orders must be prepaid in the form of cash, Ohio Direction Food Card, or money orders payable to Shepherd of the Valley. Credit and debit card payments can be made using our online ordering only. *We cannot accept personal checks due to Angel Food Ministries national policy.*

There are no limits to the number of items you may order, but you must be able to pick them up on Distribution Day.

## HOW DO I ORDER?

Orders are accepted beginning August 23rd. Use one of the following three easy ways to order:

- 1) **Online** at [www.shepherd-ofthevalley.org](http://www.shepherd-ofthevalley.org)
- 2) **By mail** Send order and payment to Shepherd of the Valley, PO Box 40, Sandyville, OH 44671  
(orders must be **received by Sept. 11**)
- 3) **In Person** at the Church:
  - On Distribution Day, August 23rd
    - 8:30 am—9:30 am
  - Monday or Tuesday
    - 10:00 am—Noon
  - Wednesday
    - 6:00 pm—7:00 pm
  - Half-hour before & after first church service

**ORDER DEADLINE: SEPT 14th**

## Come Worship With Us!

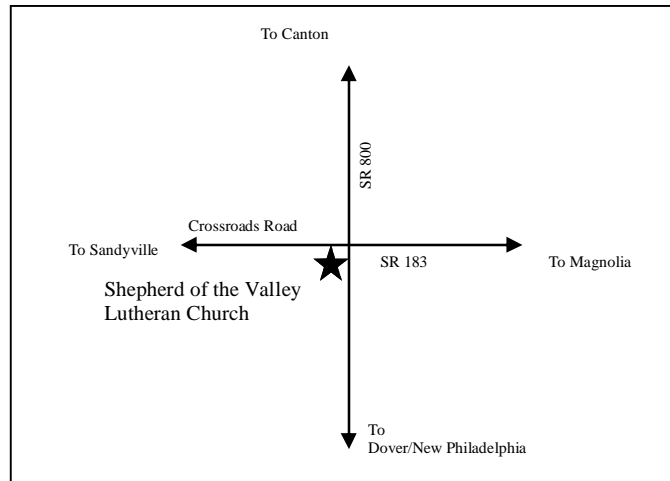
(Contemporary Services on 2nd & 4th Sundays)

### Sunday Worship Service Times

8:30 am & 11:00 am

### Sunday School from Nursery to Adult

10:00 am (beginning 9/14)



## WHEN DO I GET MY FOOD?

Angel Food does not deliver. You must pick up your food on Distribution Day and have a way to get your food home with you.

Distribution Day for this month is

**SATURDAY, SEPTEMBER 27**

**8:30 am—9:30am.**

You must bring your receipt and a large box, laundry basket, or cooler to carry your order. Any orders not picked up during this time will be donated to our Shepherd's Kitchen Ministry.

\*\* Angel Food Ministries reserves the right to make substitutions with items of equal or greater value, based on availability. \*\*

For more information on Angel Food, go to [www.angelfoodministries.org](http://www.angelfoodministries.org)



**angelfood**  
MINISTRIES

*An Outreach of  
Shepherd of the Valley Lutheran Church*

"A Food Ministry with a  
Servant's Heart"

**Menu & Order Form  
September 2008**

**IF YOU EAT,  
YOU QUALIFY!**

Order Deadline: September 14  
Distribution Day: September 27

Shepherd of the Valley Lutheran Church  
4796 Crossroads Rd NW  
PO Box 40  
Sandyville, Ohio 44671  
Ph. 330-866-9293

[www.shepherd-ofthevalley.org](http://www.shepherd-ofthevalley.org)

**ONE Shepherd,**  
**ONE faith,**  
**ONE flock UNITED in Ministry**



## REGULAR BOX—\$30.00

*This has enough food to feed a family of four for a week.*

- 1.5 lb. Top Sirloin Strip Steaks (4 x 6 oz.)
- 2 lb. Boneless Skinless Chicken Breast
- 3 lb. Breaded Chicken Chunks
- 1.5 lb. Boneless Pork Filet
- 20 oz. Supreme Pizza
- 1 lb. Ground Turkey
- 1 lb. Cheddar Cheese Bratwurst Sausage
- 1 lb. Green Beans
- 1 lb. Stir Fry Vegetables (Broccoli & Bell Peppers)
- 35 oz. Crinkle-cut Fries
- 32 oz. Borden 2% Reduced Fat Shelf Stable Milk
- 7.5 oz. Macaroni & Cheese
- 15 oz. Pork & Beans
- 7 oz. Chicken-Flavored Rice & Vermicelli
- 1 lb. Pinto Beans
- 1 Dozen Eggs
- 1 Dessert Item

## SENIOR BOX—\$25.00

*Ten individual meals are fully-cooked and labeled complete with heating instructions – just heat and serve. Each meal has no added sodium, is low in fat, and is nutritionally balanced with 3 oz. of protein, two vegetables or fruit, and a starch. Designed for seniors, but can be purchased by anyone.*

**Chicken Parmesan** with side of Spaghetti with Marinara, Green Beans and Garlic Bread

**Herb Roasted Chicken Quarter** with Herb Gravy, White Rice, and Peas & Carrots

**BBQ Chicken Quarter with BBQ Sauce**, Black-Eyed Peas, Greens and Apple Sauce

**Baked White Fish with Asian Sweet Pepper Sauce**, Vegetable Fried Rice, Broccoli, and Pineapple chunks

**Chicken Cacciatore Quarter**, Creamy Rosemary Red Potato Quarters, Italian Green Beans, and Diced Peaches

**Roast Beef and Brown Gravy (Pot Roast)**, Noodles, Carrot Coins and Collard Greens

**Beef Meatloaf with Brown Herb Gravy**, Mashed Sweet Potatoes, Peas & Mushrooms and Wax Beans

**Beef Lasagna with Tomato Sauce**, Broccoli, Diced Peas, and Garlic Bread & Butter

**Oven Roasted Turkey Breast with Sage Gravy**, Bread Dressing, Creamed Diced Potatoes, Green Beans and Cranberry Sauce

**Chicken Stew with Chicken**, Potatoes, and Tomatoes; Celery & Carrots, Brown Rice, Apple Sauce and a Biscuit

## SPECIALS

One or more of the following specials may be purchased with the purchase of a regular or senior box.

### **SPECIAL #1—\$20.00**

#### **6 lb. Assorted Meat Grill Box**

- 1.5 lb Ribeye Steaks (3 x 8 oz.)
- 2 lbs Boneless Pork Roast
- 1.5 lbs Beef Short Ribs
- 1 lb All Beef Burgers (4 x 4 oz.)

### **SPECIAL #2—\$20.00**

#### **5 lb. Steak and Meat Combo Box**

- 1.5 lb. Kansas City Strips (2 x 12 oz.)
- 1.5 lb. Bone-In Ribeye Steaks (2 x 12 oz.)
- 2 lb. All Beef Hamburger Steaks (4 x 8 oz.)

### **SPECIAL #3—\$20.00**

#### **10 lb. Party Wing Special Box**

- 10 lb. Unbreaded IQF Party-style Chicken Wings

### **SPECIAL #4—\$20.00**

#### **10 lb. "5 for 4" Dinner Box**

*Five big 2 lb. dinner meals, each will feed a family of four. All dinners are fully-cooked – just heat and serve!*

- 2 lb. Stuffed Green Peppers with Beef and Rice
- 2 lb. Chicken Breast with Rice, Broccoli & Cheese
- 2 lb. Beef Steak Patties with Gravy and Onions
- 2 lb. Meatloaf and Gravy
- 2 lb. BBQ Chicken with Hickory Sauce & Mashed Potatoes

### **SPECIAL #5—\$19.00**

#### **Fresh Fruit and Veggie Box**

- 3 lb. Bag of Red Delicious Apples
- 4 lb. Bag of California Valencia Oranges
- 2 lb. Bag of Large Yellow Onions
- 1 lb. Bag of Carrots (Cello-wrapped)
- 4 lb. Bag of Large Idaho Baking Potatoes
- 1 Large Green Cabbage
- 4 Bartlett Pears
- 4 Tennessee Vine-Ripened Tomatoes
- 1 Celery Stalk (Cello-wrapped)
- 12 oz. Black Beans (Dried)

## **Distribution Day:**

**Saturday, September 27**

**8:30 am to 9:30 am**

*(food not picked up during this time will be donated to our Shepherd's Kitchen Ministry)*

visit [www.shepherd-ofthevalley.org](http://www.shepherd-ofthevalley.org)

## **ANGEL FOOD MINISTRIES**

### **ORDER FORM**

**SEPTEMBER 2008**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

check if above info is new or has been changed

\_\_\_\_\_ Regular Box x \$30 = \_\_\_\_\_

\_\_\_\_\_ Senior Box x \$25 = \_\_\_\_\_

*Specials can be ordered ONLY when one of the above is purchased:*

\_\_\_\_\_ Special #1 x \$20 = \_\_\_\_\_

\_\_\_\_\_ Special #2 x \$20 = \_\_\_\_\_

\_\_\_\_\_ Special #3 x \$20 = \_\_\_\_\_

\_\_\_\_\_ Special #4 x \$20 = \_\_\_\_\_

\_\_\_\_\_ Special #5 x \$19 = \_\_\_\_\_

Total order \$ \_\_\_\_\_

Payment must be made when your order is placed. There are no refunds or credits if your order is not picked up on Distribution Saturday. Unclaimed orders will be given to someone in need.

Payment methods: (please check one)

Cash

Money order made payable to "Shepherd of the Valley"

Ohio Direction Card # \_\_\_\_\_

*No personal checks can be accepted. Visit web site to use your credit or debit card.*

**ORDER DEADLINE: SUN. SEPTEMBER 14**